

Standard Group Results

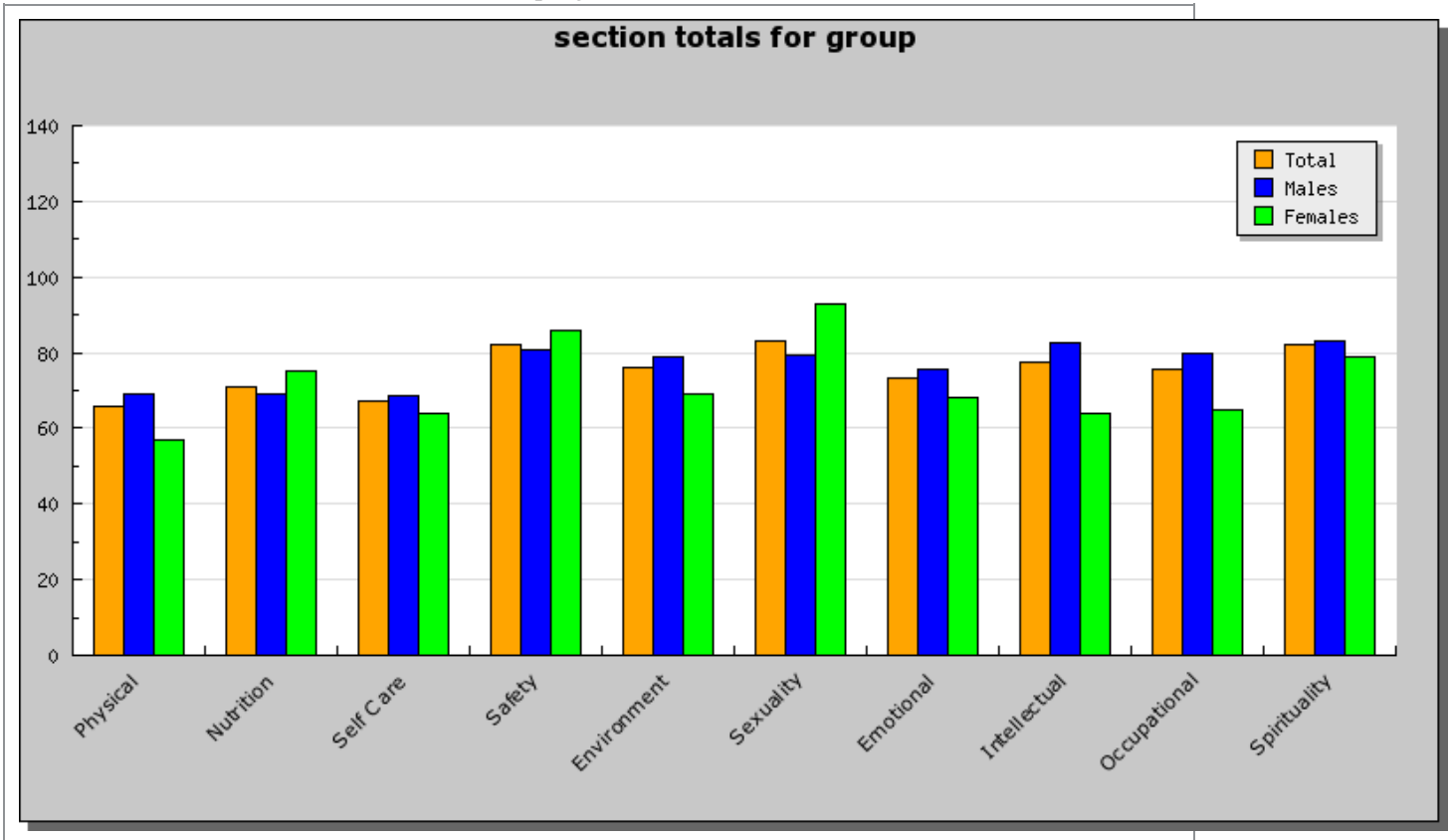
Group: Trial HLQ

This report is designed to provide you with an overview of your group's strengths and weaknesses. The information in this report may prove helpful in the design and implementation of your wellness program. We encourage you to review and analyze this information carefully.

Average Age: males: 42.30 females: 31.25	The overall composite is: 753.71 males: 767.20 females: 720.00	Number of People: 14 male: 10 female: 4
---	---	--

Age range:

As you review the results, note any sections in which your group exceeded the 80th percentile. These scores will identify the strengths of your group that may be used as a foundation for improving the organization's total well being. Those scores which are lower than 60% may need careful attention as you design and implement wellness programs.



TestWell.org

Holistic Lifestyle Questionnaire

Score by Section

Physical:65.71**Nutrition:**70.86**Self Care:**67.14**Safety:**82.29**Environment:**76.00**Sexuality:**83.14**Emotional:**73.43**Intellectual:**77.43**Occupational:**75.71**Spirituality :** 82.00**Overall Composite Score: 753.71**

Interpretation of Scores			
Section		Overall Composite	
80 - 100	Excellent	800 - 1000	Excellent
60 - 79	Good	600 - 790	Good
Less than 60	Room for Improvement	Less than 600	Room for Improvement

As you review the results, note any sections in which your group exceeded the 80th percentile. These scores will identify the strengths of your group that may be used as a foundation for improving the organization's total well being. Those scores which are lower than 60% may need careful attention as you design and implement wellness programs.

TestWell.org

Holistic Lifestyle Questionnaire

**Congratulations! You have demonstrated that you are making good choices regarding your health.
You are doing particularly well in the following areas:**

- Safety : 82.29
- Sexuality : 83.14
- Spirituality : 82.00

Build on the great start you have made in the preceding areas by making positive changes in the following areas:

- Physical : 65.71
- Nutrition : 70.86
- Self Care : 67.14
- Environment : 76.00
- Emotional : 73.43
- Intellectual : 77.43
- Occupational : 75.71

It is important that you pay attention to the choices that you are making in the following areas as they need improvement:

SUMMARY NOTES:

Contact Information

Tim Martin or Walter Wright
National Wellness Institute, Inc.
1300 College Ct
Stevens Point WI 54481 USA

Phone:715.342.2969
Fax :
www.testwell.org

TestWell.org
1300 College Ct · PO BOX 827
Stevens Point, WI 54481-0827
800-244-8922 · 715-342-2969 · Fax: 715-342-2979
Email: admin@testwell.org · www.testwell.org
© 2004 National Wellness Institute, Inc. All rights reserved.