

**Question Set:****Instructions:**

Quest#	Question	Answer	Help
1	This is my first National Wellness Conference *	Yes ▼	
2	How many time per week do you engage in aerobic activity? *	1 ▼	HELP
3	When is the last time you had a thorough physical examination? *	Within the last year. ▼	
4	I believe I am: *	Average ▼	

Note: Questions marked with * require an answer.

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